

# THE BERCZY BANNER

## APRIL

**William Berczy P.S.**  
120 Carlton Road, Unionville  
905-477-2047

### Principal

Ms. Lindsey Rhamey  
[lindsey.rhamey@yrdsb.ca](mailto:lindsey.rhamey@yrdsb.ca)

### Vice-Principal

Ms. Dalia Osman  
[dalia.osman@yrdsb.ca](mailto:dalia.osman@yrdsb.ca)

### Administrative Assistants

Ms. Debbie Wong  
Ms. Karen Cizmar

### Lead Caretaker

Mr. Sebastian Dignoti

### Trustee

Mr. Billy Pang  
[billy.pang@yrdsb.ca](mailto:billy.pang@yrdsb.ca)

### Superintendent

Mr. Peter Tse  
(905) 940-7800

### School Council Co-Chairs

Lisa Ren and Blair Anderson  
[William.berczy.ps@sc.yrdsb.edu.on.ca](mailto:William.berczy.ps@sc.yrdsb.edu.on.ca)

### School Email

[William.berczy.ps@yrdsb.ca](mailto:William.berczy.ps@yrdsb.ca)

 Follow @WilliamBerczyPS

### From the Principal's Desk

Dear Families,

I can't believe I have been at Berczy for two months already! It really is a wonderful place with so many kind, respectful and inclusive people. In the short time I have been here I've seen that our staff, supported by our families, is committed to creating a welcoming and caring learning environment in which students can thrive and succeed. Our entire school community works hard to give our students the best education possible and our staff is prepared to help our students and families. Staff and students are proud of WBPS and are eager to make it a vibrant part of the larger community.

We are gearing up for what promises to be an exciting few months until the Summer Break. Just look at what we have coming up for April:

Edsby Trainers from YRDSB will be coming to WBPS on April 3rd to do a workshop and train our staff about how to use the Edsby Platform for attendance.

April 3rd to 5th our grade 5 to 8 students will be completing a YRDSB Student Survey in the Learning Commons.

April 6th our Grade 3s participate in Swim to Survive at Angus Glen and from April 6th until June 8th Hatch Coding begins again in the Learning Commons at lunch on Thursdays.

On April 6th our School Council is presenting a Movie Night in the gym from 6 to 8 pm. Snuggle up in your pajamas and join us for pizza and popcorn to watch SING!

April 7th Berczy is hosting an Open House from 9 to 10:30 am for our new Grade 4 Gifted students.

Our amazing librarian Ms Taylor and Ms Rhamey will be taking three lucky students to Chapters to buy books on April 11th. These students wrote amazing letters about why they should participate and be chosen to go along.

Mr. Kitching and students from the Healthy Schools Committee will be starting Walking Wednesdays with the whole school, beginning on April 12th, April 19th, May 24th and June 7th. We plan on walking around the block together from 10 to 10:40 am. Contact the school if you are able to volunteer to help with marshalling and supervising around the neighbourhood.

Our Grade 7s will perform at Music Alive on April 12th and our staff will be participating after school from 3:30 to 5 pm on April 12th in a Modern Learning Tech Enhanced Google Workshop.

Parents are welcome to join us for a School Council meeting on April 26th from 7 to 8:30 pm.

Please join us for our On Track to Wellness: William Berczy Public School Mental Health Expo on April 27th from 6:30 to 8 pm. There will be lots of health and wellness activities, presenters, storefront booths and information with prizes and give-aways.

Our Character Assembly will be taking place on April 28th.

As you can see from all the activities and events planned in April, we are a very busy and exciting place! Stay tuned for more learning opportunities, activities and special events in the upcoming months and I look forward to continuing to help make Berczy such a positive, safe and healthy environment for learning.

Ms Lindsey Rhamey



## Paint A Smile Workshop

---



*Marco:* I think the art workshop was awesome. It was awesome because it is not often you get to make cool clay shoes. Also we got to make a whole village and it looked awesome. I liked all the help I got from the grade 8s. Last of all, we got to stay in the gym for the whole day.

*Jenna:* I liked the paint A smile art workshop because making sculptures are very fun. I also like the art things like the people that we made. Doing all that art was really creative.

*Stephen:* I enjoyed making my self-portrait. I liked working with the grade 8s. Overall I had FUN!

*Julian:* I think the art workshop was so awesome. I think doing art is fun because we made the clay shoe and we made a village. I like learning about the master of art. It's so cool working with gr 7 and gr 8 and two awesome artists.

*Michael:* I think the art workshop was the best way to learn and the most fun because it was hands on. I learned how to make a shoe using a rolling pin, toothpick and clay. It was fun because it is a hands on learning. It was fun to meet the grade 7s because some of them I already knew them and some I was just meeting. I learned how to make a paper person and a house for it. It was also fun making up a character that was my best person. I liked what paintings the artist brought because it was so creative and so opposite from reality. I think the art workshop will be some experience I will never forget.

*Shyann:* I liked the Paint a Smile Art Workshop because I learned about how to make clay shoes. I liked the village.

*Noor:* I think the art workshop was the best art experience in my whole life! I learnt how to make a shoe with clay. I also learnt the most important materials we used for the shoe to make from the clay for example rolling pin, wooden knife and the toothpick. Also, I never saw red clay and the materials we used to make a shoe from the clay. It was awesome learning from the artist that how we make a girl. I was very surprised seeing the artist's painting, she painted a very pretty part of the face. The last thing I learnt is how to make a gingerbread house with my partners. I will never forget about my best art experience ever!

---

*Thivya:* On Wednesday March 22, we had an all-day art workshop in the gym run by Paint a Smile. The art club, run by Ms. Talwar, and Ms. Thomas's SSC class participated in this event, and were lucky enough to work with different artists and a variety of mediums to create different types of art. In the morning, we worked with clay, and made 'Personality Shoes'. We were given templates to use, and were able to make any type of shoe we wanted, letting our creativity and skills run wild. Some did running shoes, some did shoes based off of our favourite animals, and some of us even tried making a Converse shoes! The artist working with us would come by and help us when we needed it, making this activity fun and hands on. The next thing we did was create our own self-portraits. Another artist came in and taught us how to draw a full body portrait of ourselves, showing us the right proportions and how to make it look realistic, adding clothing and facial details. Once we were all done our portraits, we made small groups of three and designed our own houses, which we would then add to a mural of our houses combined to make a village. We used a variety of colours and mediums, like pencil crayons, oil pastels and markers. When we glued on our houses, our portraits all gathered outside of them, and it really did look like a village of creativity and colour! This workshop taught us how to work with different mediums, like clay, and how to do it to the best of our ability in a short period of time. It was a fun, interactive, and memorable experience that taught us different skills and techniques to make our art even more wonderful.

---

**Wednesday, April 26<sup>th</sup>, 2017**  
**@ 7:00pm – 8:30pm**

All parents are welcome, and encouraged to attend; babysitting services will be provided

## School Council Meetings

Please mark your Calendars!

**Future meeting dates:**  
Tuesday, June 13<sup>th</sup>, 2017  
@ 7:00pm – 8:30pm

**Boys Intermediate Basketball** - This basketball season has been action packed with tons of games and practices. With the players and coaches waking up way too early to come to 7:30 practices, the team got better every day. Over the course of the season we practiced shooting, different offensive and defensive strategies. With the area tournament approaching, we had many exhibition games to gain some experience. In areas, we won some tough games in their round-robin pool. We had won all their games at this point and advanced to the semifinals where we played Ashton Meadows. We won this game as well advancing to the finals. The finals were a close, but we came out on top winning by six points. In the regional tournament, we started off strong winning their first three games in the round robin. This got us into the quarterfinals. Unfortunately, we lost this game and got knocked out of regionals. Instead of being upset, we left satisfied after looking back at our great season. We even got a banner to remember it by. Great season Berczy!

## Mathletes

Students enthusiastically welcomed the Mathletes program back to William Berczy again this year. Over a two-day period, Mathletes offered students in grades 2 through 6 an opportunity to challenge themselves with a variety of unique math problems across all math strands. Students worked collaboratively in a team environment to achieve math goals, all while having fun! Our grade 7 students also participated, developing responsibility and leadership skills as they acted as student mentors and helped the younger students throughout the two days. **In total, William Berczy students completed over 18,000 math questions - one of the highest records the Mathletes program has ever seen!**





## **XMovement**

XMovement is a program that allows everyone to express themselves and have fun dancing in a safe environment. XMovement is broken down into 6 different elements of dance: time, space, energy, body, rhythm and relationship. Throughout the program we danced to the beat of the music and learned many different dance styles and moves. XMovement showed us all that it was okay to express ourselves and dance like nobody was watching. While we were working with the XMovement team we were shown a couple of moves, then they turned the music on and we would repeat the moves. This would give us a little dance move to groove around with. We got to experience an amazing thing with XMovement: the ability to dance with our friends and family and it just really showed how great our community is. The XMovement team was beyond amazing and truly inspired us to keep expressing ourselves in any way.

Written by: Sierra and Jayden

## **Scratch Art**

Students created unique scratch art drawings by learning about the elements and principles of design. We had fun experimenting by engraving with a variety of scratch art tools on scratch boards.

We are learning:

- To create well balanced compositions using the elements of design: Line and principle of design: Balance
- How to engrave with scratch art tools on a scratchboard
- To use and define positive and negative shapes
- How to reflect on their artwork by identifying the use of the elements and principles of design



## Upcoming Dates... *mark your calendars!*

|                      |                               |                              |
|----------------------|-------------------------------|------------------------------|
| April 3 - 5          | <b>Student Climate Survey</b> | Grades 5, 6, 7, 8            |
| April 6              | <b>Family Movie Night</b>     | All families                 |
| April 12             | <b>Pizza Lunch</b>            | For those who ordered        |
| April 14<br>April 17 | <b>School Closed</b>          | Good Friday<br>Easter Monday |
| April 19             | <b>Pasta Lunch</b>            | For those who ordered        |
| April 26             | <b>School Council</b>         | All parents welcome          |
| April 26             | <b>Pizza Lunch</b>            | For those who ordered        |
| April 27             | <b>On Track to Wellness</b>   | All families welcome         |
| April 28             | <b>Volunteer Appreciation</b> | Our volunteers               |
| April 28             | <b>Character Assembly</b>     | All families welcome         |

**Thursday, April 6  
5:45pm – 8:00pm**

### **Family Movie Night**

Bring your pillows, blankets, and your pajamas... get comfy for a night of popcorn and friends as we enjoy a movie together.



Payment information on School Cash Online expires April 3.

Ticket: movie, pizza, popcorn - \$7.00  
Extra pizza slice (pepperoni) - \$2.00

Please print your receipt as this will serve as your entrance ticket(s).

Parents Reaching Out  
Coordinated by School Council

## On Track to Wellness

William Berczy Public School  
Mental Health Expo

Save the date:  
Thursday, April 27<sup>th</sup>  
6:00pm – 8:00pm  
Berczy Gym

### Our Goals:

1. To provide an opportunity to strengthen the home-school-community bridge at William Berczy by inviting the Berczy community out to a safe, inclusive, learning environment/event, set up in the gymnasium;
2. To provide learning opportunities (resources, workshops, activities, strategies) for parents and children in building upon their current knowledge about Mental Health Awareness in the YRDSB, at school, in the home, and the wider Berczy community;
3. To establish what kinds of concerns, questions, feedback parents and children have with respect to Mental Health Awareness at Berczy and assess what can be done to address this feedback;
4. To establish an action plan moving forward regarding any collaborative efforts between school and home with respect to Mental Health Awareness at Berczy.

**Reminder to all families:**  
Kindergarten Registration for  
September 2017 is OPEN!!

**Lunch Assistant Needed:**  
please call the office if you  
can help!

If you are **moving**, or **not returning**, to William Berczy for  
Sept 2017, please email the office:  
[william.berczy.ps@yrdsb.ca](mailto:william.berczy.ps@yrdsb.ca)

### Ways to Support our Healthy Schools Initiatives

#### **Walking Wednesdays**

Starting in April, we will begin Walking Wednesdays @ 10:00am – 10:40am. We will encourage our Berczy community (students, staff and parents) to talk a walk around the neighbourhood. This will encourage positive community connections as well as support increased physical health.

***If you are able to help with supervision, please let the office know.***



The York Region District School Board **Summer Institute** is a program that offers academic, recreational and athletic programs and activities with intentional links to the Ontario Curriculum for children and youth entering Senior Kindergarten to Grade 8.

Programs are offered at in Richmond Hill, Markham, Stouffville, Newmarket, Woodbridge, Vaughan and Georgina from 9:00 am - 3:30 pm

YMCA Before and Aftercare programs available at all locations

### [YMCA Before and After Care Registration](#)

### **Weekly Sessions July 4, 2017 to August 11, 2017**

For registration information and to see what types of exciting programs are being offered this summer, please visit [www.yrdsb.ca](http://www.yrdsb.ca) and select programs and services.

#### **Summer Institute Site**

[Armadale S.I.](#)

[Crosby Heights S.I.](#)

[Discovery S.I. \(located at Teston Village P.S.\)](#)

[Lakeside S.I.](#)

[Lake Wilcox S.I.](#)

[Maple Leaf S.I. \(located at Glen Cedar P.S.\)](#)

[Milliken Mills S.I. \(located at Highgate P.S.\)](#)

[Oscar Peterson S.I.](#)

[Sixteenth Avenue S.I.](#)

[Unionville Meadows S.I.](#)

[Woodbridge S.I.](#)

#### **Address**

11 Coppard Ave., Markham

190 Neal Dr., Richmond Hill

80 Murray Farm Lane., Maple

213 Shorecrest Rd., Keswick

80 Wildwood Ave., Richmond Hill

915 Wayne Dr., Newmarket

35 Highgate Dr., Markham

850 Hoover Park Dr., Stouffville

400 Sixteenth Ave., Richmond Hill

355 South Unionville Ave., Markham

60 Burwick Ave., Woodbridge

For additional information please email [performanceplus.si@yrdsb.ca](mailto:performanceplus.si@yrdsb.ca) or call 905-884-2046 ext. 240.

## WELCOME SPRING!

Spring is in the air! Celebrate the arrival of Spring with our annual Spring Special and enjoy our April specials and combos for the whole month!

### 2017 Spring Special

**Butter Chicken with Basmati Rice and a mini Vanilla Cupcake topped with a fresh Strawberry.**

*\*Gluten-Free option available.*



### April Features

Available as an entrée only or as a combo

#### Chicken Shawarma in a whole wheat pita

(Shawarma chicken strips, shredded red cabbage, cucumbers, lettuce and a creamy cucumber dressing wrapped in a pita)

*\*Halal option available.*

#### Falafel in a whole wheat pita

(Crispy falafel, shredded red cabbage, cucumbers, lettuce and a creamy cucumber dressing wrapped in a pita)



---

### Ordering is easy!

Login to place your orders at [www.kidskitchen.ca](http://www.kidskitchen.ca)

Orders are accepted until 10am the previous business day (on Friday for Monday orders).

---

**Spend more quality time with your kids. Leave the lunches to us!**

905.944.0210 | [www.kidskitchen.ca](http://www.kidskitchen.ca) | [information@kidskitchen.ca](mailto:information@kidskitchen.ca)







## GROUP CALENDAR SPRING 2017 PRE REGISTRATION REQUIRED

PLEASE CALL TO CONFIRM START DATES AS THEY ARE SUBJECT TO CHANGE DUE TO INSUFFICIENT REGISTRATION

All Groups are an  
LGBTQ positive  
space



### PARENTING

#### **Parenting for Life**

An 8 week support program that helps parents learn more positive ways to think about and act on their child's behaviour, how to communicate with their child more effectively, learn positive approaches to discipline, and explore many other strategies to enhance the parent child relationship.

**Date:** 8 Wednesdays, July 5 to August 30, 2017

**Time:** 6:30 - 8:00 pm

**Location:** FSyr — Markham

**Fee:** \$140.00 or free to those who

Note: no class July 26

qualify with \$20.00 registration fee

#### **Triple P 0-12**

(parents of children 0-12)

Triple P stands for Positive Parenting Program. This unique group has been proven to be effective in providing parents with tools to help their children with behavioural and emotional problems. The group is structured for five group sessions, including a work book for weekly homework tasks and three telephone sessions where you can ask questions regarding your personal situation. Pre-group interview required. Call Janice at 905-895-2371 Ext 226.

**Date:** 8 Tuesdays, April 4 to May 23, 2017

**Time:** 6:00 - 8:00 pm

**Location:** FSyr — 1091 Gorham St, Suite 300, Newmarket

**Fee:** FREE with \$20.00 registration fee

**Date:** 8 Mondays, July 10 to Sept 11, 2017

**Time:** 6:00 - 8:00 pm

**Location:** FSyr — 10610 Bayview Ave, Richmond Hill

**Fee:** FREE with \$20.00 registration fee

Note: no class August 7 or September 4

**Date:** 8 Fridays, March 3 to May 5, 2017 (closed group)

**Time:** 10:00 am -12:00 noon

**Location:** FSyr Richmond Hill

**Fee:** FREE with \$20.00 registration fee

Note: no class March 17 or April 14

#### **Triple P Teen**

(parents of teens 13-17)

Triple P stands for Positive Parenting Program. This unique group has been proven to be effective in providing parents with tools to help their teens with behavioural and emotional problems. The group is structured for five group sessions, including a work book for weekly homework tasks and three telephone sessions where you can ask questions regarding your personal situation.

**Date:** TBD

#### **Farsi Positive Parenting**

(parents of Teens)

An 8 week Positive Parenting Program in Farsi to provide parents with tools to help their Teens with behavioural and emotional issues.

**Date:** 8 Tuesdays, May 2 to June 20, 2017

**Time:** 6:00 - 8:00 pm

**Location:** Welcome Centre, Richmond Hill

**Fee:** FREE

**Note:** Snacks & Transit tickets available To register call Roya at 905-883-6572 Ext 256

#### **South Asian Triple P**

(parents of children 0-12)

An 8 week Positive Parenting Program to provide parents with tools to help their child with behavioural and emotional issues. Program Language: Hindi, Punjabi & Urdu. If interested, Please call Bushra at 647-224-2083 or email bupal@fsyr.ca. Light refreshments and child care available.

#### **Family Transitions Triple P**

This 6 week group promotes a healthy transition for parents going through separation or divorce. This course will address self care and is designed to help a parent manage the anger and resentment that often accompanies relationship breakdown. Pre-Group interview required; call Janice at 905-895-2371.

**Date:** 6 Mondays, May 15 to June 26, 2017

**Time:** 6:00 - 8:00 pm

**Location:** FSyr Richmond Hill

**Fee:** Free with \$20.00 registration fee

Note: No class May 22

#### FREE to BE

Parenting support and children's group for gender independent youth and their parents. Please see page 3 Under LGBTQ groups for more information.

### GROUPS FOR MEN

- Men's Anger Management & Positive Living Group** A 12 week program that helps members understand and deal with their anger, frustration, anxiety and stress in more constructive ways. Learn how to challenge distorted thinking and learn to redirect thoughts and choose respectful interactions. Change your thoughts, feelings and behavior; enhance your relationships within a supportive space.
- Date:** 12 Wednesdays, April 5 to June 21, 2017 **Time:** 6:30 - 8:00 pm  
**Location:** FSyr Newmarket, 1091 Gorham St, Suite 300 **Fee:** \$225.00 or Free to those who qualify with \$20 registration fee  
**Note:** Pre Group Interviews may be required

### GROUPS FOR WOMEN

- Positive living Women's Support Group** An 11 week women's support group designed to assist members in building resilience by learning to cope with life's frequent challenges through learning activities focused on coping skills. Topics include: building self-confidence, identifying and navigating difficult emotions - anger, anxiety & stress, relationships and boundaries, improved communication and assertiveness skills so that you can express yourself and deal with anger healthily.
- Date:** 11 Thursdays, March 30 to June 8, 2017 **Time:** 4:00 - 5:30 pm  
**Location:** FSyr Newmarket, 1091 Gorham St, Suite 300 **Fee:** \$225.00 or Free to those who qualify with \$20 registration fee  
**Interviews only on March 30**
- Expressive Arts Support Group** An 8 week program designed to increase self esteem, self-awareness, assertiveness and empowerment. Discussions may involve healthy relationships, boundaries, and self esteem, This group uses art materials and creative art techniques to explore these issues in a safe and supportive environment.
- Date:** 8 Thursdays, May 11 to June 29, 2017 **Time:** 10:00 am to 12:00 noon  
**Location:** YRCCS—16775 Yonge St, Suite 200A, Newmarket **Fee:** Free with \$25.00 for art supplies (Open to York Region Residents only)
- Spanish Women's Support Group** An 8 week program designed to help women build self confidence, better relationships and connect with other women in the community. Group is run in Spanish. Call Julia at 905-883-6572 Ext 256
- Date:** TBD **Time:** 12:00 to 1:00 pm  
**Location:** Welcome Centre, Vaughan **Fee:** Free
- Farsi Women's Support Group** This 8 week program focusing on self-confidence, assertiveness, communication skills, parenting, healthy relationships, immigration and settlement issues, self care, health & wellness and community resources.
- Date:** 8 Thursdays, April 20 to June 8, 2017 **Time:** 6:00 - 8:00 pm  
**Location:** FSyr—10610 Bayview Ave, Richmond Hill **Fee:** FREE  
**Free Child Care, snacks and transit tickets available. Contact Roya: 905-883-6572 Ext. 256**

### GROUPS FOR MEN & WOMEN

- Mindfulness & Stress Reduction Training \*MAST\*** This 5 week group intervention offers members the opportunity to better understand their unique response to stress and to learn valuable skills to help manage their stress and regulate emotions. Through education, mindfulness practice and group support, members will expand their toolkit of coping skills.
- Date:** 5 Tuesdays, April 18 to May 16, 2017 **Time:** 9:00 to 11:00 am  
**Location:** FSyr—10610 Bayview Ave, Richmond Hill **Fee:** \$120.00 (or Free to those who qualify with a \$20.00 registration fee)  
**Note:** Mandatory intake session April 18, 2017

### YOUTH & CHILDREN'S GROUPS

- Child Anger Management Parent** A 10 week anger management program for children (ages 8-12) and a parent. Children will learn how to recognize and name feelings (ie. anger) and how to respond to these feelings in constructive ways using coping strategies such as assertiveness, communication and problem solving skills, mindfulness and positive self-talk. The first night is a 30 minute parent & child interview. **NOTE: Interviews—April 18, 2017**
- Date:** 10 Tuesdays, May 2 to June 27, 2017 **Time:** 6:15 to 7:45 pm  
**Location:** FSyr - Richmond Hill **Fee:** Free with \$20.00 registration fee
- Encouraging Heroes & Parent Program** A social skills program children (ages 8—12) and their parents. The parents and children's groups are separate but run simultaneously. The focus of the group is on feelings, communication, self confidence, empathy, problem solving and relationships.
- Date:** Summer or Fall TBD **Time:** TBD
- Working with Worry** An 8 week group for teen's (14—17) to learn to conquer anxiety. Focus on understanding anxiety, stress, fear and worry through different methods. Participants will learn to identify and change unhelpful thinking and behavior patterns and develop skills to manage anxiety and build resilience in a supportive environment.
- Date:** 8 Wednesdays, April 26 to June 14, 2017 **Time:** 6:00 - 8:00 pm  
**Location:** FSyr Newmarket **Fee:** Free with \$20 registration fee  
**Mandatory pre-group individual 30 minute interview required on April 10th or 19th to be scheduled**

**SOUTH ASIAN OUTREACH**

**South Asian Women's Support Groups:**

Ongoing programs for South Asian Women. Topics will include Parenting, Health & Nutrition, Family Stress, Immigration & Legal Information, Yoga & Exercise, Employment and other topics that matter to you and your families. **FREE Childcare, snacks and transit tickets available.**

**Hindi, Punjabi, Urdu & English**

**Date:** Tuesdays, January to March, 2017  
**Location:** Cedarwoods P.S., Markham  
**TO REGISTER:** 416-818-7075 or Email: lnayyar@fsyr.ca  
**Time:** 6:00 - 8:00 pm  
**Fee:** FREE

**English**

**Stress & Mindfulness Group**  
**Date:** Mondays, February to April, 2017  
**Location:** Vaughan Community Health Centre, Maple  
**TO REGISTER:** 647-224-2083 or Email: bupal@fsyr.ca  
**Time:** 10:00 am -12:00 noon  
**Fee:** FREE

**Urdu, Punjabi, Hindi**  
**Date:** Thursdays, Jan-Mar & Apr-June, 2017  
**Location:** Tahir Hall Maple  
**TO REGISTER:** 647-224-2083 or Email: bupal@fsyr.ca  
**Time:** 11:30 am -1:45 pm  
**Fee:** FREE

**Tamil & English Women's Support and Parenting Groups**

**Date:** 8 Thursdays, January to March 2017  
**Location:** Cedar Wood PS., Markham  
**For Information:** Call Sudha at 905-415-9719 Ext 313 or Email: scoomarasamy@fsyr.ca  
**Date:** Fridays, January to March 2017  
**Location:** Wilclay PS, Markham  
**For Information:** Call Juanita at 416-857-6308  
**Time:** 6:00 am -8:00 pm  
**Fee:** FREE  
**Time:** 6:00 - 8:00 pm  
**Fee:** FREE

**LGBTQ GROUPS**

**TRANSGENDER SUPPORT GROUP**

An open group for those questioning their gender identity or transitioning. The group provides an opportunity to use the process of dialogue and reflection to become more secure and resilient, discover new community resources, share tips about dressing to pass, deal with discrimination, etc. Snacks provided. This group is ongoing.

Register at reception or by calling Barb Urman at 1-866-415-9723 Ext 224.

**Date:** Alternate Wednesdays, please call for dates  
**Location:** FSyr Richmond Hill 10610 Bayview Ave.  
**Time:** 7:00 - 8:30pm  
**Fee:** FREE

**FREE To BE**  
**Child/parent Group**  
**(SK—Gr 4)**

This group for parents/caregivers and their gender independent children will meet once a month. Free to Be offers an opportunity for parents/caregivers to meet for support and education in order to promote positive development and healthy futures. Program goals are: de-stigmatize gender independence and promote the child's pride and self-worth. The children will be provided a safe, fun and affirming place to be together and make new friends. (Note: now open to parents of older gender independent youth to attend solo)

**Date:** First Wednesday of each month September to August  
**Location:** FSyr Richmond Hill -10610 Bayview Ave.  
**Time:** 6:30 - 8:00 pm  
**Fee:** Free with \$20.00 registration fee

**Website:** [www.fsyr.ca](http://www.fsyr.ca) or **Email:** [groupservices@fsyr.ca](mailto:groupservices@fsyr.ca)

**MARKHAM**

4261 Highway # 7  
 Suite 203  
 Unionville,  
 L3R 9W6  
 905 415 9719  
 1 866 415 9723

**CHINESE SERVICES**

**ACCESS LINE**  
 905 477 5741

**RICHMOND HILL**

10610 Bayview Avenue  
 Unit 18  
 Richmond Hill  
 L4C 3N8  
 905 883 6572  
 1 888 820 9986

York Rainbow Support Line  
**1-888-967-5542**

**NEWMARKET**

1091 Gorham Street  
 Suite 300  
 Newmarket  
 L3Y 8X7  
 Tel: 905 895 2371  
 1 888 223 3999

E-Counselling Available  
[www.fsyr.ca](http://www.fsyr.ca)

**GEORGINA**

P.O. Box 8  
 25202 Warden Avenue,  
 Sutton West,  
 LOE 1R0  
 905 476 3611

